

NEWSROUND

Principals Message

Dear Parents and Community Members,

Welcome to this week's newsletter. Over the week we have been working around maintaining the routines and structures of daily learning with work linked to inquiry learning whilst incorporating the Kitchen Garden Program such as cooking, planting and cooperative work activities. The next step in the area will be the construction of a shade area in the garden area along with setting up worktables. Many thanks to Mr Turner for his wonderful support in these areas. A wonderful week with many great steps in working with our students.

BOOK WEEK

During week 7 this term from Monday the 23rd of August until Friday the 27th we will be celebrating national book week this year which has the theme of Old Worlds, New Worlds, Other Worlds.

Throughout the week we will be doing a number of activities that are aligned to this year's theme.

On Tuesday the 24th of August students are allowed to come to school in casual dress as we will be doing indoor activities such as painting and clay cottage/hut designs with Ms Varty, Mrs Cosgriff and Mr Turner. There will also be a group outside with Mr Tunks and Mr Story who are organising to cook Damper around the fire and set up a mini tent city.

On the Friday the 27th, students are encouraged to dress as a favourite character of theirs from a book they have read which aligns with the book week theme of Old Worlds, New Worlds, Other Worlds. Some character ideas could include Astronauts, Monsters and Wizards, characters from DC Comics such as Batman or Superman or even something from under the sea or any other idea that you may come up with.

We are looking for wood for our campfire on Tuesday. If you have any thoughts or contacts, please contact Mr Tunks so we can make links immediately for Tuesday.

PARENTS AND VISITOR'S REMINDER

I would appreciate that once again that all parents and visitors to the school are aware and comply to the following:

- Visitors to the school **are by appointment** with entry to building restricted.
- **It is conditional that** all visitors sign in via QR code.
- Face masks must be worn, and social distancing rules must be abided by.

Inside:

- Weekly Information
- Stars of the Week
- Covid 19 Safety Protocols



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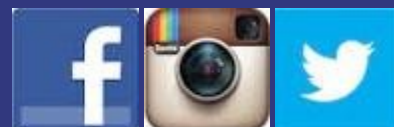
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NEWSROUND CONTINUED

MUSIC UPDATE

Professional learning sessions have been undertaken by Mr Tunks this year who has extended his skills with the teaching of Music with senior students. Additional resources have been purchased and students are exploring endless possibilities with their learning. In addition, the hidden talents of Mr Story are being experienced within the junior room and exciting phase for the students across the school with Mr Story's background very strong in this area of study.

Whilst on the topic I am placing a link in this week's news on our Facebook page for all families to consider accessing.

Opportunity is for your child to access online tuition in learning an instrument.

FOOTY COLORS DAY

On Thursday the 16th of September we will be celebrating footy colours day with the objective to raise \$200 for Kids with Cancer through the Fight Cancer Foundation.

Students and teachers are encouraged to wear their favourite football team's colours whether it be a football guernsey, a beanie or a scarf.

On the day there will be a gold coin donation for wearing footy colours and a special lunch will also be available which will be a hot dog and drink for \$5 with all money made being donated to the Fight Cancer Foundation.

Special lunch order forms will be sent home closer to the day.

SCHOOL UNIFORM

A friendly reminder that **school uniform is compulsory** which also includes red shorts or track pants.

If your child is out of uniform, please don't forget to send in a quick note to classroom teachers stating as to why they are out of uniform. Many thanks to those who are already doing so.

2022 DOXA CAMP

Doxa camp is set for June 2022 thus whilst early in our news please consider that payment plans can be put into place so to accommodate our Melbourne campers with the anticipated cost approximately \$160 per student. Feel free to have a chat if it is the case.

TRANSITION AND NEW ENROLMENTS IMPORTANT INFORMATION FOR PARENTS IN 2021-22.

A reminder that many parents will still need to make decisions regarding their child's education for 2022 and beyond. To assist in their decision, attached our Facebook is the Step into Prep Transition Booklet and Enrolment Flyer providing information on transition days to take place commencing term 4. Please pass this onto any new or incumbent enrolments for their information.

BREAKFAST PROGRAM

We are pleased to announce that we have been given the green light by the DET to recommence our morning breakfast program. The breakfast program will run from 8.30am until 8.50am in the kids kitchen with breakfast foods such as some cereals, toast and spaghetti available.



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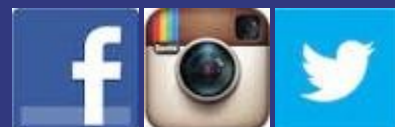
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COVID SAFE REMINDERS

QR CODE REQUIREMENTS IN SCHOOLS

The use of Service Victoria QR codes for electronic record keeping is mandatory for all workplaces to enable the effective contact tracing of any COVID-19 cases. This now includes schools. The public health intent of including schools in the QR code check in system for workplaces is to capture those visitors accessing school buildings or indoor facilities, but not those entering the school grounds for reasons such as school pick up.

QR CODES WILL BE REQUIRED TO BE USED BY

- all visitors, including contractors, external Department staff and building and maintenance staff
- all parents who enter buildings when on the school site QR code check ins will not be required for staff or students, or parents who come onto school grounds for drop off or pick up, that do not enter buildings. Schools can permit parents to enter buildings onsite for student pick up and drop off providing sufficient QR code locations can be identified and utilised to ensure parents are able to check in.

LOCATIONS SHOULD INCLUDE

- Site entry and exit points
- Building entrances already have in place existing sign in and out processes.

It is important for all visitors to sign in on the register also located in the office foyer.

FACE MASKS IN SCHOOLS

A reminder that all visitors must continue to wear face masks while in the school grounds regardless of whether it is inside or outside unless an exemption applies.

Please pass this onto any new or incumbent enrolments for their information.



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GRADE 6 INFORMATION FOR GSSC

GRADE 6 - YEAR 7 TRANSITION INFORMATION

Dear Parents and carers of Grade 6 students,

Your students have been given their Year 7 Transition Information Packs from Greater Shepparton Secondary College and will need to return the following forms to Mr. Tunks filled out and signed by the 26th of August;

- Enrolment form
- Language Preferences and Friendship Preferences (which is found at the back of the Year 7 Subject Selection Guide)
- Bus forms
- CSEF and State Schools relief forms (if applicable; only if you hold a Health Care Card)
- Local excursion form
- Swimming sports consent form
- IT user agreement

If you have any questions or queries about any of the above please contact Mr. Tunks on uEducateUs or the schools phone or contact Greater Shepparton Secondary College.

GREATER SHEPPARTON SECONDARY COLLEGE CAMPUS OPEN DAYS

Saturday August 28th is the designated date for the College campus Open days. This is an opportunity for the community, ex-students, teachers and families to visit any of the three campuses.

McGuire will be open from 9:30 -11:30

Mooroopna will be open from 12:00 -2:00pm

Wanganui will be open from 2:30 -4:30 pm.

There will be 2 x 40 minute tours – these can be booked on a Facebook ticket process therefore parents are encouraged to link to the schools website for further updates and information.



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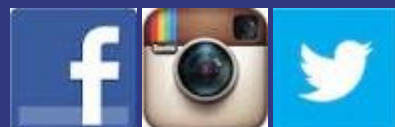
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CALENDAR OF EVENTS

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|-----------------------------|-----------|---------------------------------|-----------------------------------|
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 Student Lead Conferences |
| 26 | 27 | 28 | 29 | 30 |
| 2 | 3 School Council Meeting | 4 | 5 | 6 |
| 9 Science Week | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 Royal Flying Doctor Visit | 27 |
| 30 Reptile Visit | 31 School Council Dinner | 1 | 2 | 3 |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 Footy Colours Day | 17 Last Day of Term |



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Grade 4-6 Star of the Week

Stars of the Week!

Xander Snelling (4-6)



Well done to Xander For being respectful and courteous to his peers and staff. Xander always shows great manners, says good morning to teachers and his classmates and has been very polite to Mr. Turner in the breakfast club. Keep up the great work Xander!

Grade 4—6 Classroom News

Welcome to week 6 everyone!

In literacy this week we have been looking at some language conventions and in particular nouns, verbs and adjectives. We have been creating stories with sentences using a noun, verb and adjective in every sentence. In writing we have been continuing on with our work on procedure writing. We have been looking at the language features of procedures and looking at why they have to be precise. We had a very special start to the week on Monday in writing, the students prepared their own pizza dough in the kid's kitchen, and then the junior students joined us to help us top the pizzas and cook them in the ovens. By all reports, the pizzas were absolutely delicious, the students followed the procedure extremely well!

In numeracy this week we have been continuing on with our work on multiplication and have been working on multiplication and students have been practicing their times tables so that they are 'automatic' at recalling them.

A big thank you to Mr. Turner for helping set up our brand new Marimbas in the music room, they look fantastic and we got to use them this week with Katie from the Duet program. Unfortunately Katie can't visit us in person at the moment to teach us music, but she taught us virtually and that was still a lot of fun!

Grade 6 enrolment forms for Year 7 are due on the 26th of August, please see the article about this in the newsletter for further information on what forms to return.

On Tuesday 2nd of September the senior class will be going to GOTAFE in Shepparton to be involved in the learning with lunch program. Students will have lunch cooked for them whilst learning about different career pathways offered through TAFE. This should be a fantastic day and permission forms have been sent home with students. Please ensure you fill these in and sign them, and give them back to Mr. Tunks as soon as possible.



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AWESOME ARDMONA AWARD

Awesome Ardmona



The AAA award is based on student votes in which they vote for their peers who follow our school values which are

Be Safe, Be Respectful and Be A Learner.

This week the Awesome Ardmona Award returns after having no nominations last week, but it was a very different story this week after heaps of nominations which is fantastic to see.

The Week 6 AAA is Peter Traval.

Peter was nominated for Being a Respectful and Being a Learner for being a great helper throughout the week by doing a great job cleaning up the books in the Music Room as well as doing fantastic work in the kitchen cooking pizzas and planting plants in garden.

Keep up the great work Peter!

ROAR AWARDS

ROAR stands for “**Recognising Outstanding Attendance Rewards**” and we will be congratulating students who achieve 100% attendance for the week prior:

For the week of the 12th August to the 18th of August, the following students obtained 100% attendance:

Indiana Blake (Gr.1)

Chayton Charquero (Prep)

Mansi Charquero (Gr.1)

Matthew Gilbert (Prep)

Tayler Lummas (Gr.3)

Hayley Oliver (Prep)

Maddex Snelling (Gr.3)

Macey Weidenbach (Gr.1)

Blake Young (Gr.1)

Jayden Young (Gr.3)

Harrison Barker (Gr.6)

Lilli Blake (Gr.5)

Colt Cowan (Gr.5)

Beau Lummas (Gr.6)

Jamie-Lea Lummas (Gr.5)

Hudson Matthews (Gr.4)

Ryder Matthews (Gr.6)

Xander Snelling (Gr.4)

Peter Traval (Gr.4)



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UNIFORM ORDER

(Prices Include GST)



STUDENT NAME: _____

YEAR: _____

| ITEM | SIZES | PRICE | ORDER | | |
|---|----------|-------|----------------|-------|----------|
| | | | Number Ordered | Size | Total \$ |
| POLO SHIRT – 'Aussie Pacific' – Short Sleeves | 6-16 | \$35 | | | |
| POLO SHIRT – 'Aussie Pacific' – Short Sleeves | S & up | \$40 | | | |
| SHORTS – Red – LWR | 6-16 | \$20 | | | |
| TRACKSUIT – 'Eureka' – Jacket with Pants | 4-16 | \$85 | | | |
| SCHOOL JACKET ONLY | 4-16 | \$45 | | | |
| HAT – Bucket | S-M | \$15 | | | |
| Pom Pom Beanie | One Size | \$20 | | | |
| | | | | | |
| | | | | TOTAL | |

***Please note, all uniforms come including embroidery of logos.*

Any enquiries, please phone the office on 5829 0273. A payment plan can be set up for your payment if that would help you out.

Feel free to either email, the school at ardmona.ps@edumail.vic.gov.au

Please make cheque payable to **Ardmona Primary School** or

Direct Deposit

Ardmona Primary School

BSB: 063 527

Acc Number: 00 906 494



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How is **YOUR** head today?
What **THOUGHTS** are taking
up most of your
headspace?
It's okay not to be **OKAY**.
Remember, **HELP** is just a
phone call away.



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Supporting young children during COVID-19

What is COVID-19?

COVID-19 novel coronavirus is a worldwide pandemic. Luckily few young children have fallen ill. Most of the sick children have had mild cases. However, young children are highly affected by the isolation and the anxiety of their parents, carers and other adults.

Adults may think that children will not notice all the changes and stress, but they are very sensitive to what is going on. This info sheet describes some ways children react to stress and some things you can do to help them.

Common Emotional Reactions in Young Children

- Crying
- Restlessness
- Sleep problems
- Nightmares
- Being clingy
- Fear of being alone
- Easily upset or angered
- Withdrawn

They may also engage in repetitive play activities with themes about fear and protective behaviours, such as caring for dolls and toy animals.

You may also see behaviours such as bed wetting and thumb sucking in children who had previously outgrown these activities.

Concerns for family

If you're a parent or primary carer for a child or children and need to be separated for any length of time during the pandemic, talk to the children using electronic means as often as possible during the day and at bedtime. If possible, do this via Skype, Messenger, Zoom or Facetime so they can see you.

Children in care may have additional concerns about family members, or their past trauma may be triggered (e.g. food uncertainty). They may need additional regulating activities (physical and sensory).

ROUTINES are very important for young children.

Creating new routines or re-establishing usual routines can help children feel safe. Keeping regular mealtimes and bedtimes, setting a daily time to play games together, read to them, or singing songs together all help.

SUPPORT from parents or caregivers is very important during periods of stress. Parents may be physically present but not available emotionally because they are so stressed themselves. It's important to make time to reassure young children and spend time with them. Even young children can benefit from seeing playmates or family members on video conferencing.

How you can help

EXPLAIN why things are different. Young children may not understand why things have changed (like why they cannot go outside or play with other children) but talking with them will help them feel supported by you. Keep explanations simple.

TAKE CARE OF YOURSELF

This is very important. Even if young children are not directly exposed to the trauma, they can recognize stress and worry in older children and adults in the house. Reach out to your support network and remember social distancing and even physical self-isolation does not mean social isolation.

This information sheet has been derived from: Joy D. Osofsky, Ph.D. Paul J. Ramsey Chair of Psychiatry Barbara Lemann Professor of Child Welfare LSU Health Sciences Center, New Orleans, LA and Howard J. Osofsky, M.D., Ph.D. Kathleen and John Bricker Chair of Psychiatry.

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