

NEWSROUND

Principals Message

Dear Parents and Community Members,

We're counting down the days until it's time to celebrate 20 years of the Kitchen Garden Program with a week of a variety of foods festivities commencing Monday 18 October!

As much as we would have loved to gather together and celebrate in person, I'm inviting you all to send us any recipes that you may have or gardening hints so that we can combine these in creating an Ardmona family garden hints and recipe cookbook. I am certain that many of you would have some exceptional ideas and recipes so start sending them to me via uEducateUs or alternatively drop a copy in via the front mail box of the school.

LIGHTHOUSE PARTNERSHIP

Last week it was exciting to share the awesome news of our newly formed partnership with The Lighthouse Project which helped us gain access to 12 second-hand bikes for the school. These bikes have all been recently maintained but throughout the week we once again had another 14 bikes dropped which will really assist with our bike education and road safety sessions that will hopefully start to happen in the near future.

BOOKS IN HOMES

This term we are fortunate enough to once again have the Kensington Gardens Craft Group support our wonderful school by donating books to our students for the third time this year! We can't thank the ladies from the crafts group enough for their donations as well as the support of the Books in Homes program!

Our students started the selection process throughout the week with the next step being to send the list of students selections back to books in homes ready for our order to be processed. All of our students are once again as eager as ever to receive their books already at the book giving assembly to be released at a later date.

SUN SMART

A reminder that hats are compulsory during this term. Please ensure that you supply your child with theirs or take advantage of purchasing a new one from the school from Mr Turner at a cost of \$15 each.

Inside:

- Weekly Information
- Classroom Reports
- Covid 19 Safety Protocols



580 Turnbull Road
Ardmona Vic 3629

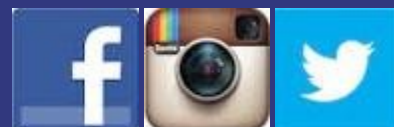
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Fax: 03 5829 0421

Email: ardmona.ps@education.vic.gov.au

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NEWSROUND CONTINUED

ATTENDANCE

Staff are directed to continually maintain daily connections via telephone contact or via learning platforms to contact families in support of student learning and attendance. Please inform your child's teacher of your child being absent. Attendance and daily check ins with staff are essential in supporting your child's learning at school and also when completing remote work on any occasion at home.

SCHOOL COUNCIL

This week School Councillors have approved the expression of interest for OSHC (Outside of School Hours Care) to commence in 2022 **subject to funding** which we are hoping shall be announced soon. This is an exciting phase for our school and in supporting families who require additional care for their children during the day. I will certainly keep you posted with this one! Spread the word with your friends and folk in and around the community.

BUDDIES PROGRAM- TRANSITION INTO FOUNDATION YEAR OF LEARNING.

The Peer Support Program involves Kinder students making links with Foundation students and their grades 4/5/6 buddies to meet and participate in activities and make buddies and friends together during transition. This year with restrictions in place and our transition Kinder to school program on hold senior Buddies shall be allocated to new students when they enrol and shall contact new students (Pre-school/ Kindergarten) via letter writing so to draw connections and helping them transition into our school. Fantastic work from our student leaders.

TERM 4 SWIMMING PROGRAM

Due to current restrictions the swimming program has been postponed until at least early November. We will update parents with further information if any changes occur.

2022 DOXA CAMP

Doxa camp is set for June 2022 thus whilst early in our news please consider that payment plans can be put into place so to accommodate our Melbourne campers with the anticipated cost approximately \$160 per student. Feel free to have a chat if it is the case.

TRANSITION AND NEW ENROLMENTS IMPORTANT INFORMATION FOR PARENTS IN 2021-22.

A reminder that many parents will still need to make decisions regarding their child's education for 2022 and beyond. To assist in their decision, attached our Facebook is the Step into Prep Transition Booklet and Enrolment Flyer providing information on transition days to take place commencing term 4. Please pass this onto any new or incumbent enrolments for their information.

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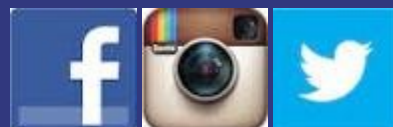
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COMPLIANCE WITH DIRECTIONS FROM THE CHIEF HEALTH MINISTER.

Essentially, we are operating under the direct guidelines from the health minister in terms of the pandemic and in support of student, staff and community health and safety the following continues to apply for all Victorian schools.

QR CODE REQUIREMENTS IN SCHOOLS

The use of Service Victoria QR codes for electronic record keeping is mandatory for all workplaces to enable the effective contact tracing of any COVID-19 cases. This now includes schools. The public health intent of including schools in the QR code check in system for workplaces is to capture those visitors accessing school buildings or indoor facilities, but not those entering the school grounds for reasons such as school pick up.

QR CODES WILL BE REQUIRED TO BE USED BY

- all visitors, including contractors, external Department staff and building and maintenance staff
- all parents who enter buildings when on the school site QR code check ins will not be required for staff or students, or parents who come onto school grounds for drop off or pick up, that do not enter buildings. Schools can permit parents to enter buildings onsite for student pick up and drop off providing sufficient QR code locations can be identified and utilised to ensure parents are able to check in.

LOCATIONS SHOULD INCLUDE

- Site entry and exit points
- Building entrances already have in place existing sign in and out processes.

It is important for all visitors to sign in on the register also located in the office foyer.

FACE MASKS IN SCHOOLS

A reminder that all visitors must continue to wear face masks while in the school grounds regardless of whether it is inside or outside unless an exemption applies.



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Prep—Grade 3 Classroom News

Throughout the week the Early years have had a wonderful start back this week. The students have shown how much they have grown over remote learning, both in their attitudes to learning and their physical height. We have been exploring narratives , looking at their structure and how to write them ourselves. We have started looking at robots this term and the students in the early years class has already met one in the classroom. I am really excited to see what this term holds for our class and our school.

We have also been very busy testing our students on many aspects of their learning such as their reading levels which will also continue into next week, number fluency assessments and a numeracy test on essential assessment. Over the next week we will also be assessing our awesome students on the Fountas & Pinnell high frequency words test.

It has been wonderful to see many of our students grow and pass goals in their reading and NFA on a weekly basis.

Mn Story



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Grade 4—6 Classroom News

Welcome to week 2 everyone! It has been fantastic to have our Grade 4/5/6 class back this week on Thursday and Friday! It truly has been wonderful to see everyone. At this stage we are face to face learning on Thursday and Friday next week, and will be remote learning on Monday, Tuesday and Wednesday next week. Once again, I am providing some reminders and expectations for remote learning as follows;

- We will have a whole class check in/talking circle every day for remote learning at 9am on Webex. It is compulsory for all grade 4/5/6 students to attend so that I can see how everyone is feeling and also to help with your learning. You will also be able to say hello and have a chat with your classmates! The Webex link is found on our classes uEducateUs conversation.
- After our daily class webex meeting, I will keep my webex meeting open until 11.30am, so if you need help with something about your learning, you can log on to webex and I will help you out.
- We also have our small group student conferences every day for remote learning on Webex at 11am. These are also compulsory. Please check uEducateUs and the conference slide on the PowerPoint for your scheduled conference time.
- Please ensure students log on to remote learning on time at 9am. I will contact families if I do not hear from students on uEducateUs or Webex.

Students must also send their completed work back to me on uEducateUs as requested on our daily PowerPoints.

In literacy this week we have been looking at making predictions when reading and using clues from the text and previous knowledge to assist our predictions. We have been using videos and visual texts to help with our predictions this week. In writing this week we have been working on letter writing. We have learned about the structure of a letter and have composed our own letters to a friend or family member to get to know them a bit better.

In numeracy this week we have been working on telling the time and converting 12 hour time to 24 hour time.

I hope everyone has a safe and happy weekend!

Mr Tunks



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UNIFORM ORDER

(Prices Include GST)



STUDENT NAME: _____

YEAR: _____

ITEM	SIZES	PRICE	ORDER		
			Number Ordered	Size	Total \$
POLO SHIRT – 'Aussie Pacific' – Short Sleeves	6-16	\$35			
POLO SHIRT – 'Aussie Pacific' – Short Sleeves	S & up	\$40			
SHORTS – Red – LWR	6-16	\$20			
TRACKSUIT – 'Eureka' – Jacket with Pants	4-16	\$85			
SCHOOL JACKET ONLY	4-16	\$45			
HAT – Bucket	S-M	\$15			
Pom Pom Beanie	One Size	\$20			
				TOTAL	

***Please note, all uniforms come including embroidery of logos.*

Any enquiries, please phone the office on 5829 0273. A payment plan can be set up for your payment if that would help you out.

Feel free to either email, the school at ardmona.ps@edumail.vic.gov.au

Please make cheque payable to **Ardmona Primary School** or

Direct Deposit

Ardmona Primary School

BSB: 063 527

Acc Number: 00 906 494



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How is **YOUR** head today?
What **THOUGHTS** are taking
up most of your
headspace?
It's okay not to be **OKAY**.
Remember, **HELP** is just a
phone call away.



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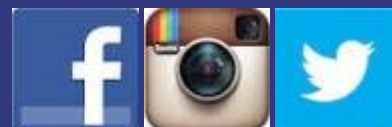
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Supporting young children during COVID-19

What is COVID-19?

COVID-19 novel coronavirus is a worldwide pandemic. Luckily few young children have fallen ill. Most of the sick children have had mild cases. However, young children are highly affected by the isolation and the anxiety of their parents, carers and other adults.

Adults may think that children will not notice all the changes and stress, but they are very sensitive to what is going on. This info sheet describes some ways children react to stress and some things you can do to help them.

Common Emotional Reactions in Young Children

- Crying
- Restlessness
- Sleep problems
- Nightmares
- Being clingy
- Fear of being alone
- Easily upset or angered
- Withdrawn

They may also engage in repetitive play activities with themes about fear and protective behaviours, such as caring for dolls and toy animals.

You may also see behaviours such as bed wetting and thumb sucking in children who had previously outgrown these activities.

Concerns for family

If you're a parent or primary carer for a child or children and need to be separated for any length of time during the pandemic, talk to the children using electronic means as often as possible during the day and at bedtime. If possible, do this via Skype, Messenger, Zoom or Facetime so they can see you.

Children in care may have additional concerns about family members, or their past trauma may be triggered (e.g. food uncertainty). They may need additional regulating activities (physical and sensory).

ROUTINES are very important for young children.

Creating new routines or re-establishing usual routines can help children feel safe. Keeping regular mealtimes and bedtimes, setting a daily time to play games together, read to them, or singing songs together all help.

SUPPORT from parents or caregivers is very important during periods of stress. Parents may be physically present but not available emotionally because they are so stressed themselves. It's important to make time to reassure young children and spend time with them. Even young children can benefit from seeing playmates or family members on video conferencing.

How you can help

EXPLAIN why things are different. Young children may not understand why things have changed (like why they cannot go outside or play with other children) but talking with them will help them feel supported by you. Keep explanations simple.

TAKE CARE OF YOURSELF

This is very important. Even if young children are not directly exposed to the trauma, they can recognize stress and worry in older children and adults in the house. Reach out to your support network and remember social distancing and even physical self-isolation does not mean social isolation.

This information sheet has been derived from: Joy D. Osofsky, Ph.D. Paul J. Ramsey Chair of Psychiatry Barbara Lemann Professor of Child Welfare LSU Health Sciences Center, New Orleans, LA and Howard J. Osofsky, M.D., Ph.D. Kathleen and John Bricker Chair of Psychiatry.

E: info@berrystreet.org.au | berrystreet.org.au | ABN 24 719 196 762



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